



Mango Beach



Bar and Restaurant

MENU

 Vegetarian
 Mango favourite

BREAKFAST

FARMHOUSE BREAKFAST

Two eggs, bacon and grilled tomato. Served with toast, butter and jam. **400**

LOADED SCRAMBLED EGGS

Scrambled eggs loaded with bacon bits, mushroom and cheese. Served with toast and butter. **400**

FRESH START

Fresh seasonal fruit with homemade muesli and yogurt. **380**

FRENCH TOAST STACK

Freshly made French toast with bacon, banana and a drizzle of syrup. **380**

OMELETTE

Bacon, mushroom and onion **420**
Cheese and tomato **380**

LIGHT MEALS

FOCACCIA

Crispy flatbread served with olive oil, garlic and parmesan cheese. **300**
Add Mozzarella cheese for 100mt

THAI FISH CAKES

Four Thai fish cakes with coriander, ginger, garlic, and a hint of chili. Served on a bed of apple and cucumber salad with Asian dipping sauce. **680**

PRAWN RISsoles

Traditional Mozambican prawn cakes, served with fresh lemon and dipping sauce. **500**

FISH STRIPS

Battered and deep-fried strips of fish fillet. Served with chips. **640**


CHICKEN STRIPS



Crumbed chicken strips and chips. **560**

OCEAN BASKET

Crumbed seafood with chips. Please see seafood board for fresh seafood options. **670**





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SALAD

GREEK SALAD

Crisp lettuce, chopped tomato, onion, peppers, cucumber, feta and olives. Served with warm pita fingers.

460

CRUMBED CHICKEN SALAD

Chopped lettuce, tomato, cucumber, corn and onion with crumbed chicken strips and a sprinkle of feta cheese.

530

SEAFOOD SALAD

Grilled seasonal seafood with crisp lettuce, chopped cucumber, tomato and onion. Served with warm falafels. See seafood board for fresh seafood options.

800

ON A ROLL

BURGER AND CHIPS

A juicy beef patty or tenderized chicken breast with melted cheese on a grilled burger bun. Served with a side of chips. The ultimate comfort food!

560

PREGO ROLL

A succulent chicken or beef fillet in a warm Peri-Peri sauce on a prego roll. Served with chips.

550

PASTA

GARDEN PASTA

Tagliatelle pasta with olive oil, garlic, fresh tomatoes, basil and optional chili.

530

CHICKEN AND CHORIZO

Creamy chicken, mushroom and chorizo on a bed of penne pasta.


650



SEAFOOD PASTA

Tagliatelle pasta with locally sourced seafood. See our seafood board for our fresh seafood options.

820





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SEAFOOD

Please see seafood board for our fresh seafood options.

GRILLS

BUTTERFLY STEAK

Succulent tenderised beef fillet sautéed in a creamy mushroom and red wine sauce. Served with mashed potatoes and salad.

880

HALF CHICKEN

Grilled and tender chicken basted in our lemon and herb or peri-peri sauce. Served with a side salad and your choice of rice or chips.

620

ESPETADA

Succulent pieces of chicken or beef on a skewer, with onion, tomato and peppers.

Chicken

700

Beef

850

ASIAN

THAI CURRY

Your choice of mild, hot or extra hot Thai curry cooked with coconut cream and Thai spices. Served with rice.

Chicken

620

Seafood (please see seafood board for our fresh seafood options)

760

Vegetarian

480

CHICKEN KORMA OR VEGETARIAN KORMA

Creamy North Indian curry made with yogurt, tomato paste, cashew nuts, garlic and coconut milk, topped with coriander and served with rice.

660

STIR-FRY



Seasonal vegetables mixed with Asian spices and served with rice.

480




Add beef strips for 220mzm





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PIZZA

MARGHERITA 	Fresh tomato and mozzarella cheese	450
VEGETARIAN 	Fresh tomato, green pepper, olives, feta	470
HAWAIIAN	Ham and pineapple	530
MOZAM 	Chorizo, bacon, chili, garlic, green pepper	680
CALIFORNIAN	Bacon, avo (seasonal), feta	660
MEXICANA	Chili con carne, green pepper, garlic	680
MEAT LOVER	Salami, bacon, chicken, mushroom and feta	620
SEAFOOD LOVER	Grilled seasonal seafood with garlic and green pepper	700

DESSERT

Please see our dessert board and display for options.





TO DRINK

HOT DRINKS

French press coffee Standard / Large	150/300
Americano	150
Cappuccino	180
Hot chocolate	180
Tea	100
Cubed ice coffee	180
Crushed ice coffee	180
Fruit juice	80

WATER

Small	80
Large	140

FRESH JUICES

Green: Spinach, mint, moringa, lemon, ginger and banana.	250
Orange: Carrot, orange, ginger, lemon.	250

SMOOTHIES

Please ask your waiter about the smoothie flavour of the week	300
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MILKSHAKES


Chocolate, strawberry, bubblegum, vanilla, banana	250
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SLUSHIES

Strawberry, Cream Soda	200
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SOFT DRINKS

Coke	80
Sprite	80
Sparletta Moranga/Cream Soda	80
Fanta	80
Tonic water	95
Dry Lemon	95
Soda Water	95
Cordials	50





ALCOHOL

MOZAMBICAN MUST-HAVES

Tipo Tinto Rum and Sparletta Moranga	
R&R Pequeno (Standard)	120
R&R Medio (Medium)	180
R&R Grande (Large)	280

BEER AND CIDERS

2M, 330/ 550ml	90/120
Manica 550ml	150
Castle Lite 330ml	120
Txilar 550ml	120
Heineken 330ml	140
Savannah	180
Hunters	180

SPIRITS (PER 25ML TOT)

Rum

Captain Morgan Dark	100
Captain Morgan Spiced Gold	100
Bacardi White	120
Malibu	150
Red Heart	150
Tipo Tinto	60

Whiskey

Jonny Walker Red	140
Jonny Walker Black	160
Southern Comfort	130
Jameson	140
J&B	120
Bells	120
Famous Grouse	140
Clan MacGregor	90
Jack Daniels	140

Gin

Gin (Gordons)	90
Gin (Bombay Sapphire)	160

Brandy

Richelieu	100
Klipdrift	100

Other

Kahlua	130
Tequila gold/silver	160/140
Cane	90
Smirnoff	90
Amarula	120
Jagermeister	160





COCKTAILS

MANGO SUNSET Tequila, mango juice, grenadine	420
STRAWBERRY DAIQUIRI Strawberry syrup, grenadine, Tipo Tinto	420
FROZEN MARGARITA Tequila, Triple Sec, Lemon	420
SUMMER BREEZE Vodka, Malibu, Blue Curacao, Lemonade	420
STRAWBERRY FIELDS Vodka, Orange liquor, Strawberry liqueur, lemonade	420
PINA COLADA Rum, Coconut cream, Orange juice, Pineapple juice	420
TIQUILA COOLER Tequila, passionfruit, lime, mint	420
LONG ISLAND ICED TEA Malibu, gin, vodka, tequila, Coke	420

SHOOTERS

SPRINGBOKKIE Peppermint and Baileys liqueur	160
CREAMY DREAMY Kahlua, Baileys liqueur and cream	190
JAGER BOMB Jägermeister and Red Bull	250
BANANA DREAM Banana Liqueur, Amarula and cream	190
PEANUT BUTTER AND JELLY Frangelico and Cherry liqueur	190
PO10c	100
Mozambican Wave Tipo Tinto and Cream soda	90

